

CERTIFICATE

OF PARTICIPATION

This is to certify that

Carmen Shipside

Has successfully participated & completed the

Rhythm Run 5km Rhythm Run

held at Delvera Estate Stellenbosch, Stellenbosch.

TIME 00:48:47

PACE 09:45/km

OVERALL 30 of 57

20 April 2024, Sat

Date

GENDER 20 of 42

14 - 19 3 of 3



Bout Time

Signature